

Heat Policy

1. Guidelines

- a. Training will be abandoned if the inside stadium temperature exceeds (is greater than) 35 degrees. There is a thermometer located next to the notice board inside the stadium.
- b. Training will be abandoned if the day is declared a CATASTROPHIC fire risk day.
- c. Coaches are required to increase the number of drink breaks during hot training days.
- d. Coaches/Team managers are required to turn on fans to circulate air on hot training days.
- e. Coaches are encouraged to alter their training to suit the weather conditions. For example, do strategic based or skills based training sessions rather than scrimmage based sessions.
- f. Player safety is a priority. Use a common sense approach and adjust as necessary. Be guided by your players, and coaches discretion may be used to shorten the session from the prearranged session length or cancel the session entirely.
- g. The club encourages training to continue on days of hot weather, with the exception of point a. and b. Suitable adjustments should be made (as outlined above) to ensure player wellbeing.
- h. If training is cancelled due to heat the Coach or Team Manager are to notify their Level Coordinator as this may impact opening/closing procedures of the stadium.

2. Review and Update:

This policy will be periodically reviewed and updated as necessary to ensure that it remains current and aligned with the needs and values of the club. Feedback from club members regarding the effectiveness of this policy is welcomed and encouraged.